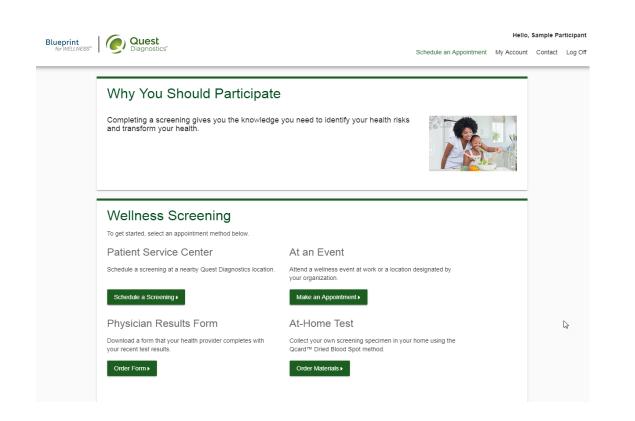




# How to complete a screening using a Physician Results Form

- Visit Mv.QuestForHealth.com
- If you've already established an account, use the Log In area to enter your username and password and select
  the green Log In button
  - If you've forgotten your login information, use the password link to reset your password or the username link to retrieve your username
- If you've never registered on the site to establish an account, use the Create Account area
- · After logging in or registering, you will be taken to the dashboard



Please note: these screenshots are based on common browser resolution; actual screens may vary due to responsive design • To complete your screening using a Physician Results Form, in the **Wellness Screening** section, under **Physician Results Form**, select the **Order Form** button





Hello, Sample Participant

Schedule an Appointment My Account Contact Log Off

# Why You Should Participate

Completing a screening gives you the knowledge you need to identify your health risks and transform your health.



## Wellness Screening

To get started, select an appointment method below.

#### Patient Service Center

Schedule a screening at a nearby Quest Diagnostics location.

Schedule a Screening >

### Physician Results Form

Download a form that your health provider completes with your recent test results.



### At an Event

Attend a wellness event at work or a location designated by your organization.

Make an Appointment ▶

#### At-Home Test

Collect your own screening specimen in your home using the Qcard  $^{\text{TM}}$  Dried Blood Spot method.

Order Materials >

- After arriving on the confirmation page, you can select the green **Download Form** button to download and print your personalized form
  - Verify that all of your personalized information included in the form is accurate and have your physician complete the form
  - Please note the range of dates when the test must be completed and the deadline to return the form
- select the green Back to Dashboard link to return to your dashboard



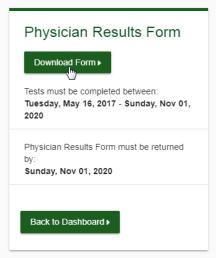


Hello, Sample Participant

Dashboard My Account Contact Log Off

# Thank you, Sample

Your wellness screening has been created as a Physician Results Form, download it below.







Contact FAO About Us Privacy Policy Terms

Quest, Quest Diagnostics, the associated logo, Nichols Institute and all associated Quest Diagnostics marks are the registered trademarks of Quest Diagnostics. All third party marks—® and —are the property of their respective owners. © 2000-2018 Quest Diagnostics Incorporated. All rights reserved.

After your doctor completes the form, there are two options for submitting the form to Quest Diagnostics:

- · You may fax the completed form to the fax number indicated on the form, or
- You may submit your completed form to Quest Diagnostics electronically using the Upload Form button on the dashboard
- If there is no upload button on your dashboard, your employer requires that you fax in your form by following the instructions on the form





Hello, Sample Participant

Dashboard My Account Contact Log Off

## Scheduled

### Physician Results Form

You have downloaded your form. You can fax it in or upload it to the right. You can also <u>download your form here</u>.



Need More information?

## Why You Should Participate

Completing a screening gives you the knowledge you need to identify your health risks and transform your health.



## Transform your health

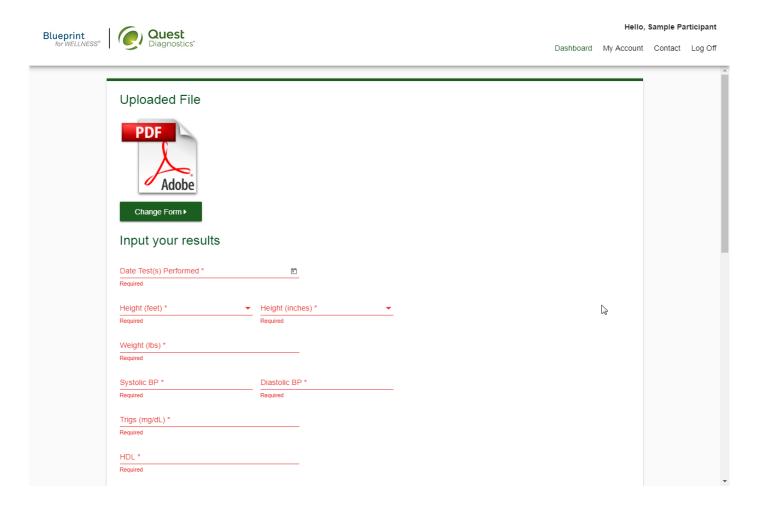
Biometric screening results can provide powerful insights into your health and risks you may not currently recognize. See how these screening participants changed the <u>stories of their lives</u> with the information gained from screenings.

Did insights from your screening help you transform your health?

Tell Us Your Story ▶



- After selecting the Upload Form button on the dashboard, browse your computer for the completed Physician Results Form
- You will then arrive at the screen below (if you upload the incorrect file, you can browse your computer again by selecting the green **Change Form** button)
- In the Input Your Results section, validate your form by entering the measurements shown on your form



- After filling in all required information, select the green **Submit** button
- You will receive an email as notification whether your form has been processed, or rejected for any reason

